

# Mountainside Senior Living



## Emergency Management

### Are you ready?

Be prepared. September is National Preparedness Month.

- Know Personal Preparedness
- Learn about our Local Hazards
- Discuss Personal safety
- See how to build an emergency kit
- Having a family plan
- Developing a Communication Plan

Join us on Wednesday  
**September 24<sup>th</sup> at 7pm**  
For a **FREE** Presentation  
Mountainside Senior Living  
1220 Cozet Ave  
434-823-4307

Are you ready for an emergency or disaster? Want to learn more on how to be prepared for disasters? The Charlottesville-UVA-Albemarle Office of Emergency Management will be holding a workshop on personal preparedness. Come learn about the hazards facing Central Virginia, how to create an emergency communications plan, and how to build an emergency kit.

This presentation is FREE and open to the public. Come join Allison Farole of the Charlottesville-UVA-Albemarle County Emergency Communications Center and learn the valuable information you need to keep you and your family safe.

